

Lunch

Served Monday thru Friday
11 am - 4 pm

Daily Specials

Monday

Pecan Chicken Breast- 7.49
Southern Fried Chicken Breast- 7.49
Chicken Tetrizzini- 7.49
Hawaiian Sirloin w/ Peach Salsa- 8.49

Tuesday

Parmesan Encrusted Tilapia- 7.49
Poppy Seed Chicken- 7.49
Breaded Pork Chop- 7.49
Smothered Steak w/Mushroom Gravy- 7.49

Wednesday

Cane-Glazed Chicken Breast- 7.49
Pan Seared Tilapia w/ Provencal Sauce- 7.49
Southern Fried Chicken Breast- 7.49
Teriyaki Sirloin w/ Rice- 8.49

Thursday

Baked Lasagna- 7.49
Smothered Pork Chop w/Onion Gravy- 7.49
Pecan Encrusted Tilapia- 7.49
Chicken Pot Pie- 7.49

Friday

Braised Beef Tenderloin- 8.49
Southern Fried Chicken Breast- 7.49
Chicken w/ Drop Dumplings- 7.49
Fried Trout Almondine- 7.49



Seafood

Fried Catfish Filets - 7.99
Filet of Grouper - 7.99
Crab Cake w/Green Tomatoes - 7.99
Pecan Crusted Trout Filet - 7.99
Golden Fried Shrimp - 8.99
Blackened Tilapia Filet - 7.99
Shrimp and Grits - 8.99
Salmon Patties w/ Dill Sauce - 7.99

Chicken

Roast Turkey and Dressing - 7.99
Chicken Fried Chicken - 7.99
Chicken Teriyaki Breast - 7.99
Chicken Tenders - 7.99
Blackened Chicken Breast - 7.99
Chelsea, Al Chicken Breast - 7.99
Baked Chicken Breast - 7.99
Grilled Breast w/ Mushroom Sauce - 7.99
Fried Chicken Livers w/Onion Sauce - 7.99

Southern Comforts

Hamburger Steak - 7.99
Country Fried Steak - 7.99
Southern Style Meatloaf w/ Grits - 7.99
Grilled Beef Liver w/Onion Sauce - 7.99
Red Beans, Rice and Sausage - 7.99
Pot Roast w/Vegetables - 7.99
Grilled Pork Chop w/Dressing - 7.99

Brunch

Saturday & Sunday
10:30 am - 2 pm

Steak-N-Eggs 9.99

Tender 8 oz. Rib eye or Sirloin grilled to perfection with two eggs, smoked potato casserole and bread.

Country Fried Breakfast 8.99

Your choice of country fried steak or chicken with rich cream gravy, 2 eggs, buttered grits and bread.

Three Buttermilk Pancakes 7.99

With your choice of breakfast meat and two eggs.

Southern Pork Chop Breakfast 8.99

Tender grilled pork chop with two eggs, smoked potato casserole and bread.

Dale's Biscuit and Sausage Gravy 6.99

One of our scratch-made buttermilk biscuits topped with creamy sausage gravy. Served with buttered grits and fresh fruit salad.

Create Your Own 8.99

Your choice of 2 eggs, breakfast meat, 2 sides and bread.



Peach Cobbler

Ala mode add \$1.00.

Homemade Desserts

Bread Pudding

Served with rum sauce.

Chocolate Fudge Pecan Cake

Delicious!

Cheese Cake

Served with fresh glazed strawberries.

Pecan Pie

Served warm with a dollop of whipped cream.

Mississippi Mud Pie

Light crust, chocolate filling, layered cream cheese, topped with whipped cream & pecans.

Lemon Ice Box Pie

A southern tradition...mouthwatering. Topped with fresh whipped cream.

Strawberry Shortcake

Fresh-baked pound cake covered with glazed strawberries topped with real whipped cream.

Banana Pudding

Loaded with bananas in a light custard base and vanilla wafers.

Red Velvet Cake

Three layers covered w/cream cheese icing & pecans.

Brownie Delight

Warm brownie with vanilla ice cream, fudge, pecans, whipped cream & a cherry.

Sugar-Free Cherry Pie

Sweetened with Splenda.

The Southern Experience...

In 2003 Dale's Southern Grill opened in Hoover, Alabama. We're a casual, not-too-fancy kind of place - just real food for real people. We're family-owned and operated, serving passed-down family recipes and traditional southern favorites...a place that you can call your own.

The loyalty from our many guests and friends has gone far beyond what we could ever have imagined. Encouragement to open our second Dale's seemed to come from everyone, so we opened our Vestavia Hills location in 2005, and Greystone opened in 2008.

The continued support has been phenomenal - Thank You to all of the friends that have been with us from the start, and to the new friends that have discovered us.

We're extremely proud of our food and what we like to call the 'Southern Experience' - the best quality food, service and family atmosphere that is our pleasure to provide at all Dale's Southern Grill locations.

-Dale

It is our pleasure to serve you...Dale's thanks you for your patronage!

Many thanks...Thank you Lord! Barbara and kids...your love, support and sacrifice will never be forgotten! Mom and Dad-your example, support, money and lots of love! SouthCity Bank-(Rob R. thanks for keeping the faith), BB&T (Vince H. you were an angel). Our team members...you all are the best!

Private Dining Rooms Available • Ask about our gift cards and loyalty program.

www.dalesgrill.com

Dale's Southern Grill

A Southern Experience...

Monday - Saturday
11:00 am - 9:00 pm

Sunday
10:30 am - 4:00 pm

Vestavia Hills

700 Montgomery Hwy.
Suite 156
Birmingham, AL 35216
P: 205.824.1350
F: 205.824.1351

Greystone/280

5479 Highway 280 South
Birmingham, AL 35242
P: 205.408.8888
F: 205.408.3444

Hoover

1843 Montgomery Hwy.
Suite 107
Birmingham, AL 35244
P: 205.987.4757
F: 205.987.4759

Consumption of raw or undercooked animal proteins may be hazardous to your health.

The SEAFOOD Products we serve come from the Country noted to have the highest quality of its kind. Some of the highest quality Seafood products are from the USA, some are NOT! We buy only the BEST from all the following countries: USA, China, Thailand, Malaysia, Indonesia, and Vietnam.

www.dalesgrill.com

Appetizers



Crab Cake Medallions & Green Tomatoes 6.99

Served with tangy Remoulade Sauce.

Fried Chicken Livers 5.99

Lightly dusted, with caramelized onions, applewood bacon.

Fried Combo 6.99

Popcorn Shrimp, Fried Dill Pickles, Hush Puppies.

LA (Lower Alabama) Caviar 4.99

With Fried Green Tomatoes and zesty dipping sauce.

Pecan-Breaded Catfish 6.99

Bite-sized; over lettuce greens, Balsamic Vinaigrette dressing.

Seafood Gumbo cup: 3.99 bowl: 5.99

A Southern favorite. Thick and loaded with seafood. Served with rice.

Homemade Vegetable Soup cup: 2.49 bowl: 3.49

BLT Salad 6.99

Crisp lettuce, warm bacon, crunchy toast mixed with juicy tomatoes and mayonnaise.

Southern Ceasar with Tomatoes 6.99

Top with grilled or fried chicken (add 2.00) Grilled shrimp (add 4.99)

Grilled or Fried Chicken Salad 6.99

Fresh greens topped with breast of chicken, bacon, cheese, boiled egg, tomato, croutons.

Spinach Salad 6.99

Fresh spinach leaves, with mandarin oranges, fried onions, toasted almonds, strawberries.

Southern House Salad 4.99

Crisp chopped greens, tomatoes, bacon, chopped egg, cheese

Blackened Tilapia Sandwich 6.99

On toasted Kaiser bun with lettuce, tomatoes.

Fried Catfish Po'Boy 6.99

New Orleans-inspired. Tomatoes, lettuce, pickles, home-made tartar sauce.

Char-Grilled Chicken Sandwich 6.99

Fresh-grilled chicken breast, bacon, Swiss cheese, lettuce, onion, pickles, fried green tomatoes.

Southern Cheeseburger 6.99

8-oz. burger loaded with bacon, cheese, lettuce, onion, pickle, fried green tomatoes.

Dale's Southern Dip 6.99

Buttermilk biscuit, roast beef, Swiss cheese. Served au jus.

Salads, Soups and Sandwiches

All sandwiches served with Fries and pickles.



We use only oils with zero trans fat. We do not cook with peanut oil.



Char-Broiled Rib-eye Steak 8 oz: 9.99 14 oz: 15.99
USDA Choice marinated and aged.

Center-Cut Boneless Pork Loin (1): 8.99 (2): 11.99
Hickory smoked.

Bacon Wrapped Filet Mignon 5 oz: 10.99 9 oz: 15.99
Hickory grilled. Filet of choice tenderloin...best you can buy.

Surf and Turf 14.99
8 oz. Rib Eye or 10 oz. Sirloin, grilled shrimp, vegetable medley.

10 oz. Flat-Iron Sirloin with Roasted Potatoes 11.99
Grilled to perfection. Bourbon sauce glaze.

Pepper Steak 9.99
Glazed beef tenderloins with peppers and caramelized onions, over rice.

Old-Fashioned Hamburger Steak 8.99
8 oz. ground chuck with rich brown gravy. Sautéed Vidalia onions (\$1 extra).

Blackened Seafood Sampler 14.99

Grouper, Shrimp and Tilapia, with grilled vegetables.

Grilled Filet of Grouper 9.99
With lemon-butter sauce.

Pecan Trout 10.99
Lightly breaded, with toasted pecans.

Char-Broiled Mahi Mahi 13.99
Seasoned, with peach salsa.

Grilled Jumbo Shrimp (6): 8.99 (12): 12.99
Skewered and seasoned, with grilled vegetables.

Salmon Patties 8.49
Made from scratch, with egg-dill sauce.

Golden Fried Shrimp (9): 8.99 (12): 10.99
Jumbo shrimp, with cocktail or tartar sauce.



Fried Freshwater Catfish Filets (2): 8.99 (3): 10.99
Seasoned cornmeal breading...a Southern delicacy.

Stuffed Grouper w/ Blue Crab & Parmesan Cheese 13.99
With Gouda cheese grits.

Blackened Chicken Breast (1): 8.99 (2): 10.99
Plump and juicy. With grilled vegetables.

Chelsea, AL Chicken (1): 8.99 (2): 10.99
Smoked boneless breast, bacon, Monterey Jack, tomatoes, onion, BBQ sauce, rice pilaf.

Smothered Chicken Breast Filet (1): 8.99 (2): 10.99
Boneless breast with mushrooms and vegetables, Swiss cheese.

Pecan-Crusted Chicken Breast 9.99
Boneless breast with Pecan Butter sauce.

Chicken Teriyaki with Rice Pilaf (1): 8.99 (2): 10.99
Sweet glazed boneless breast.

Grilled Chicken Breast with Dressing (1): 8.99 (2): 10.99
Home-made cornbread dressing.

Chicken Fried Chicken 8.99
Boneless breast with cream gravy.

Golden Fried Chicken Tenders 8.99
Jumbo tenders served with honey mustard sauce.

From The Grill



Try our Classic Babyback Ribs 1/2 or full rack: 9.99/15.99 Meaty and tender!

Low Country Shrimp & Grits (6): 8.99 (12): 13.99

Jumbo shrimp over dressed gouda cheese grits.

Blackened Tilapia Filet 8.49 10.99

Delicate fresh water, mild texture, with grilled vegetables.

Fried Combo-Fresh and Crispy 13.99
Fried catfish filets and shrimp

Almond Enrusted Trout 10.99
Hand-breaded with toasted almonds.

Grilled Atlantic Salmon 14.99
Balsamic marinated and grilled.

Southern Crab Cakes (1): 8.99 (2): 12.99

With remoulade sauce.

Fried Freshwater Catfish Filets (2): 8.99 (3): 10.99
Seasoned cornmeal breading...a Southern delicacy.

Stuffed Grouper w/ Blue Crab & Parmesan Cheese 13.99
With Gouda cheese grits.

Chicken



Southern Comforts

★ **Pleasing Chicken Pot Pie 7.99**
With biscuit topping.

Homemade Chicken Tetrazzini 8.99
All white meat, with noodles and cheese.

Sauteed Beef Liver 8.99
Top choice, with robust onion sauce.

Grilled Meatloaf and Cheesy Grits 8.99
With a tangy Creole sauce.

Roasted Turkey and Dressing 8.99
Homemade dressing with giblet gravy.



Red Beans, Rice and Sausage 8.99
Spicy smoked andouille sausage with natural juices.

Slow-Cooked Chicken 7.99
With drop dumplings.

Country Fried Steak 8.99
Hand-breaded beef cutlet with cream gravy.

Fried Chicken Livers 8.99
With piping-hot onion sauce.

Home-Style Pot Roast 8.99
Fork-tender, with fresh vegetables.



See the back of menu for

Home-made Desserts

Add an extra Side & Dessert to any entree for only 3.99

★ **House Garden Salad**
(Ranch, Blue Cheese, Honey Mustard, Italian, Thousand Island, Raspberry Vinaigrette, Balsamic)

Southern Sides

Black-eyed Peas

Broccoli Salad

Buttered Grits*

Carrot and Raisin Salad

Cranberry Delight*

Creamy Coleslaw

French Fries

Fresh Mashed Potatoes*

Roasted Potatoes

Rice Pilaf

Baked Sweet Potato
(with cinnamon butter)

Fried Okra*

Grilled Vegetable Medley*

Navy Beans

Okra and Tomatoes

Seafood Salad (add .50)

Turnip Greens

Baked Potato

Baby Green Limas*

Broccoli Rice Casserole*

Buttered Cabbage*

Candied Yams*

Cornbread Dressing

Cream Corn

Fresh Fruit*

Cucumber, Onion & Tomato

Green Beans

Fried Green Tomatoes

Glazed Apples & Raisins

Macaroni & Cheese*

White Rice

Pinto Beans

Southern Ambrosia

Squash Casserole

Carrot Souffle*

Fresh Bread!
Rolls, biscuits, muffins, cornbread, hushpuppies & jalapeno cornbread

* Denotes "meat-free" item



All entrees served with two Sides and choice of bread.